**Waterloo From Above: 200 Years of Change**

Date and Time: Thursday, August 1 10:00 am - 4:00 pm

Address: 550 King Street North

The Town of Waterloo was a mere 12 square kilometers in 1876. Today, the City of Waterloo covers 64 square kilometers, with the initial boundaries no longer visible. Striking changes to the landscape tell the tale of our growing city over time. The City of Waterloo Museum invites you to take a bird’s eye view flight through the decades in our new exhibition “Waterloo from Above: 200 Years of Change”.

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**Authentic Alliance for Women: Mind-body Thursdays**

Date and Time: Thursday, August 1 7:00 pm - 8:00 pm

Address: 215 Toman Drive Waterloo, Ontario N2K 4H1

What are you up to on Thursday evenings in August?

Check out this in-person opportunity to join a supportive women's group in Waterloo focused on mind-body health.

**Authentic Alliance for Women: Mind-body Thursdays**

Cost: $15 per session
Call Lavender Lane at 519-804-3332 to register 😊

Dive into the depths of your mind-body connection! Join Natasha for a fun, uplifting and inspiring group series every Thursday evening in August, from 7-8 pm.
Enjoy bite-sized lessons that unpack the intricacies of the mind-body system and how it may be influencing your choices and outcomes. We will explore: Authenticity vs. Attachment; Hierarchy of Needs; Other People's Opinions; Changing our Story; and Self-sabotage

Then, immerse yourself in a guided group journaling session to deepen your understanding of the concepts explored.

Engage in real talk discussions designed to integrate your learning and reflect on your personal experiences, insights, and intentions in a supportive and nurturing environment. This is a rare opportunity to practise showing up authentically knowing that you will be received with acceptance and compassion.

Invest in your emotional self-care and join us on this journey of self-discovery, authentic relating and mind-body health transformation for women.

Reserve your spot today and embark on a path towards multidimensional health and wellness!

**Authentic Alliance: Mind-body Thursdays**

Date and Time: Thursday, August 17:00 pm - 8:00 pm

Address: 215 Toman Drive Waterloo, Ontario N2K 4H1

**What are you up to on Thursday evenings in August?**

Check out this in-person opportunity to join a supportive group focused on mind-body health in Waterloo.

**Authentic Alliance: Mind-body Thursdays**

Cost: $15 per session or $60 for the entire 5-week series in August.

Call [Lavender Lane](tel:519-804-3332) at 519-804-3332 to register 😊

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Waterloo From Above: 200 Years of Change

Date and Time: Friday, August 2 10:00 am - 4:00 pm

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Saturday, August 3, 2024

Waterloo From Above: 200 Years of Change

Date and Time: Saturday, August 3 10:00 am - 4:00 pm

Address: 550 King Street North

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**Sunday, August 4, 2024**

**Seeking Home: The story of early Black Settler Levi Carroll**

Date and Time: Sunday, August 4 10:00 am - 3:00 pm

Address: Log House in Waterloo Park

Immerse yourself in the story of Levi Carroll this summer at the Log House in Waterloo Park. This exhibit, curated by local historian and researcher Peggy Piet, is presented in collaboration with the Arts Fund and the City of Waterloo Museum.

**Monday, August 5, 2024**

**Seeking Home: The story of early Black Settler Levi Carroll**

Date and Time: Monday, August 5 10:00 am - 3:00 pm

Address: Log House in Waterloo Park

Immerse yourself in the story of Levi Carroll this summer at the Log House in Waterloo Park. This exhibit, curated by local historian and researcher Peggy Piet, is presented in collaboration with the Arts Fund and the City of Waterloo Museum.

**Tuesday, August 6, 2024**

**Seeking Home: The story of early Black Settler Levi Carroll**

Date and Time: Tuesday, August 6 10:00 am - 3:00 pm

Address: Log House in Waterloo Park

Immerse yourself in the story of Levi Carroll this summer at the Log House in Waterloo Park. This exhibit, curated by local historian and researcher Peggy Piet, is presented in collaboration with the Arts Fund and the City of Waterloo Museum.

**Waterloo From Above: 200 Years of Change**
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**Grand Harmony Chorus is Back on August 6th!**

Date and Time: Tuesday, August 6 7:00 pm - 10:00 pm

Address: 445 Anndale Road, Waterloo

Mark you calendars because Grand Harmony Chorus is back in action starting August 6th!

Get ready harmonize, laugh, and make beautiful music together. Whether you're a seasoned singer or just love to sing in the shower, we welcome you to join our chorus family.

Where: Christ Lutheran Church, 445 Anndale Road, Waterloo

When: Tuesday August 6th at 7pm!

What: Fun, Friendship, and Fabulous Four Part Harmony Singing

Don't miss out on the fun! Come for the music, stay for the friendships. Let's make this season the best one yet!

See you there!❤️

https://grandharmonychorus.com
Waterloo From Above: 200 Years of Change

Date and Time: Wednesday, August 7 10:00 am - 4:00 pm
Address: 550 King Street North

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Date and Time: Wednesday, August 7 10:00 am - 3:00 pm
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Campfire

Date and Time: Wednesday, August 7 6:00 pm - 8:00 pm
Address: Waterloo Public Square (75 King St S.)

Bring a blanket or your favourite hoodie and head uptown! Gather around the campfire in Waterloo Public Square with friends and neighbours for local music, games, and more. Happening on select Wednesdays throughout May to August from 6 to 8 P.M.

- May 8
- May 22
- June 5
Follow Create Waterloo on social media for event announcements and updates, including any cancellations due to weather.

**Thursday, August 8, 2024**

**Waterloo From Above: 200 Years of Change**

Date and Time: Thursday, August 8 10:00 am - 4:00 pm

Address: 550 King Street North

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**Authentic Alliance: Mind-body Thursdays**

Date and Time: Thursday, August 8 7:00 pm - 8:00 pm

Address: 215 Toman Drive Waterloo, Ontario N2K 4H1

**What are you up to on Thursday evenings in August?**

Check out this in-person opportunity to join a supportive group focused on mind-body health in Waterloo.

**Authentic Alliance: Mind-body Thursdays**
Cost: $15 per session or $60 for the entire 5-week series in August.
Call Lavender Lane at 519-804-3332 to register 😊

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∗ Invest in your emotional self-care and join us on this journey of self-discovery, authentic relating and mind-body health transformation for women.

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Authentic Alliance for Women: Mind-body Thursdays

Date and Time: Thursday, August 8 7:00 pm - 8:00 pm

Address: 215 Toman Drive Waterloo, Ontario N2K 4H1

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Movies in the Park

Date and Time: Thursday, August 8 8:30 pm - 11:00 pm

Address: Waterloo Park Bandshell (100 Westmount Rd N)

Hosted in Waterloo Park near the Bandshell, bring a blanket and watch movies on the big outdoor screen! Movies begin at sundown. Movie titles to be announced.

- June 13
- June 27
- July 11 *
- July 25 *
- August 8 *
- August 15 *

Movie nights marked with an asterisk * are brought to you in partnership with Princess Cinemas and The Beat Goes On, and in support of the Waterloo Region Food Bank. If possible, please consider bringing a non-perishable food item to donate on these dates.

Follow Create Waterloo on social media for event announcements and updates, including cancellations due to weather.

Friday, August 9, 2024

Waterloo From Above: 200 Years of Change

Date and Time: Friday, August 9 10:00 am - 4:00 pm

Address: 550 King Street North

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Saturday, August 10, 2024

Waterloo From Above: 200 Years of Change

Date and Time: Saturday, August 10 10:00 am - 4:00 pm

Address: 550 King Street North

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HopOn - Central

Date and Time: Saturday, August 10 12:00 pm - 6:00 pm

Address: All Over Kitchener

Cruise with us through Waterloo Region and enjoy your local beer scene! Sample delicious craft beers and experience each stop’s unique atmosphere!

HopOn - brought to you by The Steele Group, lets you start anywhere and travel at your own pace! HopOn Beer Busses arrive at each designated stop every 20 minutes.

Arrive for free with GRT! Leave the car at home and show your ticket on any GRT bus or ION LRT to get free transit to and from any of our designated stops.

Busses are staffed with friendly, smart-serve certified guides to answer your questions and make sure your ride
Perfect for beer lovers, local adventurers and everyone in between - HopOn aims to create an event that welcomes everyone to discover the beer & beverage industry gems that help make Waterloo Region so awesome!

**Ticket includes:**

- Unlimited hop-on, hop-off transportation via the HopOn Beer Bus to designated Central Loop stops: Abe Erb, Counterpoint, Short Finger, Stockyards, & TWB Brewing (featuring a pop-up by Twas Now Brewing!).
- 10 sample tokens* - redeemable at each stop.
- Free GRT access with your event ticket to/from any of our pickup/dropoff locations
- Free beer delivery from participating brewery stops after the event, so you can enjoy your favourites at home!

This is a 19+ age event. No outside food or drink is permitted (we want to support our local breweries and food trucks/vendors!). Show your digital or printed ticket to a bus monitor on one of our vehicles. They will wristband you and give you a shuttle schedule card. Please leave your wristband on for the remainder of the event. Simply show the GRT bus operator or ION LRT fare inspector your event ticket or wristband for free access to/from the event.

Shuttles will operate every 20 minutes at each pickup/dropoff location from 12PM until 6PM. At 6PM, buses will be drop-off only for one more loop.

*some breweries offer sample sizes, some will require more tokens for half and full pints

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**Sunday, August 11, 2024**

**Seeking Home: The story of early Black Settler Levi Carroll**

Date and Time: Sunday, August 11 10:00 am - 3:00 pm

Address: Log House in Waterloo Park

Immerse yourself in the story of Levi Carroll this summer at the Log House in Waterloo Park. This exhibit, curated by local historian and researcher Peggy Piet, is presented in collaboration with the Arts Fund and the City of Waterloo Museum.

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**Monday, August 12, 2024**

**Seeking Home: The story of early Black Settler Levi Carroll**

Date and Time: Monday, August 12 10:00 am - 3:00 pm

Address: Log House in Waterloo Park

Immerse yourself in the story of Levi Carroll this summer at the Log House in Waterloo Park. This exhibit, curated by local historian and researcher Peggy Piet, is presented in collaboration with the Arts Fund and the City of Waterloo Museum.
Tuesday, August 13, 2024

Seeking Home: The story of early Black Settler Levi Carroll

Date and Time: Tuesday, August 13 10:00 am - 3:00 pm
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Waterloo From Above: 200 Years of Change

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Wednesday, August 14, 2024

Waterloo From Above: 200 Years of Change

Date and Time: Wednesday, August 14 10:00 am - 4:00 pm
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Date and Time: Wednesday, August 14 10:00 am - 3:00 pm

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**Logosophy: Transforming the world starting from yourself**

Date and Time: Wednesday, August 14 5:15 pm - 6:00 pm

Address: Waterloo Public Library - Main - 35 Albert St, Waterloo, ON N2L 5E2

This open lecture series introduces the know-how and experimental method that Logosophy offers to enable anyone to gradually and consciously improve themselves. The speaker, Gustavo Tondello, presents practical recommendations and examples from his experiences practicing the logosophical method for self-improvement for over 20 years. The talks will explore how each individual can contribute to improving society, starting with one self and contributing to the evolution of others.

**Topics**

**May 15:** How can I consciously improve myself?

**June 12:** The mental and sensitive systems - The base for the individual and collective transformation

**July 17:** Ethical principles in human relationships - Learning with each other

**August 14:** The process of conscious evolution - The great human opportunity
Thursday, August 15, 2024

Waterloo From Above: 200 Years of Change

Date and Time: Thursday, August 15 10:00 am - 4:00 pm

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Authentic Alliance: Mind-body Thursdays

Date and Time: Thursday, August 15 7:00 pm - 8:00 pm

Address: 215 Toman Drive Waterloo, Ontario N2K 4H1

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Authentic Alliance: Mind-body Thursdays

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Date and Time: Thursday, August 15 7:00 pm - 8:00 pm

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Engage in real talk discussions designed to integrate your learning and reflect on your personal experiences, insights, and intentions in a supportive and nurturing environment. This is a rare opportunity to practice showing up authentically knowing that you will be received with acceptance and compassion.

Invest in your emotional self-care and join us on this journey of self-discovery, authentic relating and mind-body health transformation for women.

Reserve your spot today and embark on a path towards multidimensional health and wellness!
Movies in the Park

Date and Time: Thursday, August 15 8:30 pm - 11:00 pm

Address: Waterloo Park Bandshell (100 Westmount Rd N)

Hosted in Waterloo Park near the Bandshell, bring a blanket and watch movies on the big outdoor screen! Movies begin at sundown. Movie titles to be announced.

- June 13
- June 27
- July 11 *
- July 25 *
- August 8 *
- August 15 *

Movie nights marked with an asterisk * are brought to you in partnership with Princess Cinemas and The Beat Goes On, and in support of the Waterloo Region Food Bank. If possible, please consider bringing a non-perishable food item to donate on these dates.

Follow Create Waterloo on social media for event announcements and updates, including cancellations due to weather.

Friday, August 16, 2024

Waterloo From Above: 200 Years of Change

Date and Time: Friday, August 16 10:00 am - 4:00 pm

Address: 550 King Street North

The Town of Waterloo was a mere 12 square kilometers in 1876. Today, the City of Waterloo covers 64 square kilometers, with the initial boundaries no longer visible. Striking changes to the landscape tell the tale of our growing city over time. The City of Waterloo Museum invites you to take a bird’s eye view flight through the decades in our new exhibition “Waterloo from Above: 200 Years of Change”.

Historic maps, aerial images and photographs have recorded Waterloo's remarkable transformation throughout the decades, from early indigenous communities to our present-day vibrant neighbourhoods. Follow how farmlands turned into houses, and manufacturing hubs transformed into globally recognized think-tank and start-up cores. Discover the story of Black freedom seeker, Levi Carroll and his family who lived in a building that has been located in both Waterloo and Berlin (Kitchener), but served two very different purposes.

Check out fun LEGO creations of some of Waterloo’s recognizable heritage and iconic buildings built by members of our community. Visitors will be able to cast a ballot for the people’s choice award, with a prize awarded for the top model. Uncover the story of Waterloo’s first airport and the role it played in capturing some of Waterloo’s earliest aerial images and video footage. “Waterloo from Above: 200 Years of Change” tells the story in pictures how our human impact and urbanization has changed the city. Do not miss your chance to explore Waterloo in a different way – from above!
Saturday, August 17, 2024

**Waterloo From Above: 200 Years of Change**

Date and Time: Saturday, August 17 10:00 am - 4:00 pm

Address: 550 King Street North

The Town of Waterloo was a mere 12 square kilometers in 1876. Today, the City of Waterloo covers 64 square kilometers, with the initial boundaries no longer visible. Striking changes to the landscape tell the tale of our growing city over time. The City of Waterloo Museum invites you to take a bird’s eye view flight through the decades in our new exhibition “Waterloo from Above: 200 Years of Change”.

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Sunday, August 18, 2024

**Seeking Home: The story of early Black Settler Levi Carroll**

Date and Time: Sunday, August 18 10:00 am - 3:00 pm

Address: Log House in Waterloo Park

Immerse yourself in the story of Levi Carroll this summer at the Log House in Waterloo Park. This exhibit, curated by local historian and researcher Peggy Piet, is presented in collaboration with the Arts Fund and the City of Waterloo Museum.

Monday, August 19, 2024

**Peacemakers Summer Day Camp**
Peacemakers Summer Day Camp explores themes of peacemaking in local and global contexts. Each day will focus on a peacemaker from a different region of the world, including Wangari Maathai, Tích Nhất Hạnh, The Great Peacemaker, Oscar Romero, and Malala Yousefzai.

We will engage with peacemaking tools that campers can use to work toward peace in their peer communities and to create peace in their hearts.

We look forward to the musical leadership of Laura Enns and musical guests who will teach us songs of peace and justice from around the world.

Campers can expect a healthy dose of outdoor games, sports, crafts, land-based learning, and more!

Register here!

Seeking Home: The story of early Black Settler Levi Carroll

Immerse yourself in the story of Levi Carroll this summer at the Log House in Waterloo Park. This exhibit, curated by local historian and researcher Peggy Piet, is presented in collaboration with the Arts Fund and the City of Waterloo Museum.

Tuesday, August 20, 2024

Peacemakers Summer Day Camp

We will engage with peacemaking tools that campers can use to work toward peace in their peer communities and to create peace in their hearts.

We look forward to the musical leadership of Laura Enns and musical guests who will teach us songs of peace and justice from around the world.

Campers can expect a healthy dose of outdoor games, sports, crafts, land-based learning, and more!
Seeking Home: The story of early Black Settler Levi Carroll

Date and Time: Tuesday, August 20 10:00 am - 3:00 pm

Address: Log House in Waterloo Park

Immerse yourself in the story of Levi Carroll this summer at the Log House in Waterloo Park. This exhibit, curated by local historian and researcher Peggy Piet, is presented in collaboration with the Arts Fund and the City of Waterloo Museum.

Waterloo From Above: 200 Years of Change

Date and Time: Tuesday, August 20 10:00 am - 4:00 pm

Address: 550 King Street North

The Town of Waterloo was a mere 12 square kilometers in 1876. Today, the City of Waterloo covers 64 square kilometers, with the initial boundaries no longer visible. Striking changes to the landscape tell the tale of our growing city over time. The City of Waterloo Museum invites you to take a bird’s eye view flight through the decades in our new exhibition “Waterloo from Above: 200 Years of Change”.

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Twin City Harmonizers Presents "a FREE A Capella Concert"

Date and Time: Tuesday, August 20 7:30 pm - 8:30 pm

Address: Kitchener City Hall, Carl Zehr Square, 200 King St. West

FREE CONCERT

Three men's choruses:

Twin City Harmonizers (Kitchener)
**Wednesday, August 21, 2024**

**Peacemakers Summer Day Camp**

Date and Time: Wednesday, August 21 8:30 am - 4:30 pm

Address: 22 Willow Street

**Monday-Friday from 8:30-4:30 p.m.**

Peacemakers Summer Day Camp explores themes of peacemaking in local and global contexts. Each day will focus on a peacemaker from a different region of the world, including Wangari Maathai, Tích Nhất Hạnh, The Great Peacemaker, Oscar Romero, and Malala Yousefzai.

We will engage with peacemaking tools that campers can use to work toward peace in their peer communities and to create peace in their hearts.

We look forward to the musical leadership of Laura Enns and musical guests who will teach us songs of peace and justice from around the world.

Campers can expect a healthy dose of outdoor games, sports, crafts, land-based learning, and more!

Register [here](#)!

**Seeking Home: The story of early Black Settler Levi Carroll**

Date and Time: Wednesday, August 21 10:00 am - 3:00 pm

Address: Log House in Waterloo Park

Immerse yourself in the story of Levi Carroll this summer at the Log House in Waterloo Park. This exhibit, curated by local historian and researcher Peggy Piet, is presented in collaboration with the Arts Fund and the City of Waterloo Museum.

**Waterloo From Above: 200 Years of Change**

Date and Time: Wednesday, August 21 10:00 am - 4:00 pm

Address: 550 King Street North

The Town of Waterloo was a mere 12 square kilometers in 1876. Today, the City of Waterloo covers 64 square kilometers, with the initial boundaries no longer visible. Striking changes to the landscape tell the tale of our growing city over time. The City of Waterloo Museum invites you to take a bird’s eye view flight through the decades in our new exhibition “Waterloo from Above: 200 Years of Change”.
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Thursday, August 22, 2024

Peacemakers Summer Day Camp

Date and Time: Thursday, August 22 8:30 am - 4:30 pm

Address: 22 Willow Street

Monday-Friday from 8:30-4:30 p.m.

Peacemakers Summer Day Camp explores themes of peacemaking in local and global contexts. Each day will focus on a peacemaker from a different region of the world, including Wangari Maathai, Tích Nhất Hạnh, The Great Peacemaker, Oscar Romero, and Malala Yousefzai.

We will engage with peacemaking tools that campers can use to work toward peace in their peer communities and to create peace in their hearts.

We look forward to the musical leadership of Laura Enns and musical guests who will teach us songs of peace and justice from around the world.

Campers can expect a healthy dose of outdoor games, sports, crafts, land-based learning, and more!

Register here!

Waterloo From Above: 200 Years of Change

Date and Time: Thursday, August 22 10:00 am - 4:00 pm

Address: 550 King Street North

The Town of Waterloo was a mere 12 square kilometers in 1876. Today, the City of Waterloo covers 64 square kilometers, with the initial boundaries no longer visible. Striking changes to the landscape tell the tale of our growing city over time. The City of Waterloo Museum invites you to take a bird’s eye view flight through the decades in our new exhibition “Waterloo from Above: 200 Years of Change”.

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**Sun Life Waterloo Busker Carnival**

Date and Time: Thursday, August 22 6:15 pm - 10:00 pm

Address: Waterloo City Hall

Established in 1989, the Sun Life Waterloo Busker Carnival is an annual celebration that offers a family-friendly atmosphere, where attendees can enjoy not only the mesmerizing performances but also indulge in international cuisines, explore shopping opportunities, partake in midway games, and take a ride on our panoramic Ferris wheel, all of which are central to our festival experience.

We are thrilled to announce the return of our annual Carnival to the vibrant heart of Uptown Waterloo, scheduled from August 22-25, 2024. With over 35 years of celebrating rich cultural diversity in the Waterloo Region, our meticulously crafted project plan aims to draw in more than 50,000 attendees, eager to immerse themselves in the talents of over 20 international and local artists. The event's structure, spanning four days with approximately 70 hours of live entertainment, including 64 circle shows and engaging workshops, is designed to offer continuous, immersive experiences that resonate with a wide audience demographic.

**Authentic Alliance: Mind-body Thursdays**

Date and Time: Thursday, August 22 7:00 pm - 8:00 pm

Address: 215 Toman Drive Waterloo, Ontario N2K 4H1

What are you up to on Thursday evenings in August?

Check out this in-person opportunity to join a supportive group focused on mind-body health in Waterloo.

**Authentic Alliance: Mind-body Thursdays**

Cost: $15 per session or $60 for the entire 5-week series in August.

Call Lavender Lane at 519-804-3332 to register 😊

Dive into the depths of your mind-body connection! Join Natasha for a fun, uplifting and inspiring group series
every Thursday evening in August, from 7-8 pm.

Enjoy bite-sized lessons that unpack the intricacies of the mind-body system and how it may be influencing your choices and outcomes. We will explore: Authenticity vs. Attachment; Hierarchy of Needs; Other People's Opinions; Changing our Story; and Self-sabotage

Then, immerse yourself in a guided group journaling session to deepen your understanding of the concepts explored.

Engage in real talk discussions designed to integrate your learning and reflect on your personal experiences, insights, and intentions in a supportive and nurturing environment. This is a rare opportunity to practise showing up authentically knowing that you will be received with acceptance and compassion.

Invest in your emotional self-care and join us on this journey of self-discovery, authentic relating and mind-body health transformation.

Reserve your spot today and embark on a path towards multidimensional health and wellness!
Peacemakers Summer Day Camp

Date and Time: Friday, August 23 8:30 am - 4:30 pm

Address: 22 Willow Street

Monday-Friday from 8:30-4:30 p.m.

Peacemakers Summer Day Camp explores themes of peacemaking in local and global contexts. Each day will focus on a peacemaker from a different region of the world, including Wangari Maathai, Tích Nhất Hạnh, The Great Peacemaker, Oscar Romero, and Malala Yousefzai.

We will engage with peacemaking tools that campers can use to work toward peace in their peer communities and to create peace in their hearts.

We look forward to the musical leadership of Laura Enns and musical guests who will teach us songs of peace and justice from around the world.

Campers can expect a healthy dose of outdoor games, sports, crafts, land-based learning, and more!

Register here!

Waterloo From Above: 200 Years of Change

Date and Time: Friday, August 23 10:00 am - 4:00 pm

Address: 550 King Street North

The Town of Waterloo was a mere 12 square kilometers in 1876. Today, the City of Waterloo covers 64 square kilometers, with the initial boundaries no longer visible. Striking changes to the landscape tell the tale of our growing city over time. The City of Waterloo Museum invites you to take a bird’s eye view flight through the decades in our new exhibition “Waterloo from Above: 200 Years of Change”.

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Sun Life Waterloo Busker Carnival

Date and Time: Friday, August 23 12:00 pm - 10:00 pm

Address: Waterloo City Hall

Established in 1989, the Sun Life Waterloo Busker Carnival is an annual celebration that offers a family-friendly atmosphere, where attendees can enjoy not only the mesmerizing performances but also indulge in international cuisines, explore shopping opportunities, partake in midway games, and take a ride on our panoramic Ferris wheel, all of which are central to our festival experience.

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Saturday, August 24, 2024

Waterloo From Above: 200 Years of Change

Date and Time: Saturday, August 24 10:00 am - 4:00 pm

Address: 550 King Street North

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Sunday, August 25, 2024

Seeking Home: The story of early Black Settler Levi Carroll

Date and Time: Sunday, August 25 10:00 am - 3:00 pm
Address: Log House in Waterloo Park

Immerse yourself in the story of Levi Carroll this summer at the Log House in Waterloo Park. This exhibit, curated by local historian and researcher Peggy Piet, is presented in collaboration with the Arts Fund and the City of Waterloo Museum.

Sun Life Waterloo Busker Carnival

Date and Time: Sunday, August 25 12:00 pm - 5:00 pm
Address: Waterloo City Hall

Established in 1989, the Sun Life Waterloo Busker Carnival is an annual celebration that offers a family-friendly atmosphere, where attendees can enjoy not only the mesmerizing performances but also indulge in international cuisines, explore shopping opportunities, partake in midway games, and take a ride on our panoramic Ferris wheel, all of which are central to our festival experience.

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Summer Dance with the KW Kool Swing Big Band

Date and Time: Sunday, August 25 2:00 pm - 5:00 pm
Address: 315 Weber St. N., Waterloo, ON

Please come and join us for an afternoon of dancing and music hosted by the KW Kool Swing Band, a full 18 piece big band, one of the Grand River New Horizons group of bands. There will be a variety of music for you dancing pleasure including swing music and ballroom dance favourites, something for everyone's taste and enjoyment. Bring your dancing shoes, your sweet heart, your family and neighbours to a fun event at the KW Naval Association located at 315 Weber St. N. in Waterloo. There is a very good floor for dancing and there are tables and chairs for a rest in between or if you'd rather just enjoy some live music with a big band.

If it's a warm day the facility is air conditioned and if it's raining there's a roof above and wall around us. No need to worry about the weather.

For admission we ask that you consider a donation to the KW Poppy fund, a local organization that does a lot of good things in our community.

There is bar at the Naval Association for those who would enjoy some refreshments.

Tuesday, August 27, 2024

Waterloo From Above: 200 Years of Change

Date and Time: Tuesday, August 27 10:00 am - 4:00 pm
Address: 550 King Street North

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**Waterloo From Above: 200 Years of Change**

Date and Time: Wednesday, August 28 10:00 am - 4:00 pm

Address: 550 King Street North

The Town of Waterloo was a mere 12 square kilometers in 1876. Today, the City of Waterloo covers 64 square kilometers, with the initial boundaries no longer visible. Striking changes to the landscape tell the tale of our growing city over time. The City of Waterloo Museum invites you to take a bird’s eye view flight through the decades in our new exhibition “Waterloo from Above: 200 Years of Change”.

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**Campfire**

Date and Time: Wednesday, August 28 6:00 pm - 8:00 pm

Address: Waterloo Public Square (75 King St S.)

Bring a blanket or your favourite hoodie and head uptown! Gather around the campfire in Waterloo Public Square with friends and neighbours for local music, games, and more. Happening on select Wednesdays throughout May to August from 6 to 8 P.M.

- May 8
- May 22
- June 5
- June 19
- July 10
- July 24
- August 7
- August 28

Follow Create Waterloo on social media for event announcements and updates, including any cancellations due to weather.
**Waterloo From Above: 200 Years of Change**

Date and Time: Thursday, August 29 10:00 am - 4:00 pm

Address: 550 King Street North

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**Authentic Alliance: Mind-body Thursdays**

Date and Time: Thursday, August 29 7:00 pm - 8:00 pm

Address: 215 Toman Drive Waterloo, Ontario N2K 4H1

What are you up to on Thursday evenings in August?

Check out this in-person opportunity to join a supportive group focused on mind-body health in Waterloo.

**Authentic Alliance: Mind-body Thursdays**

Cost: $15 per session or $60 for the entire 5-week series in August.

Call Lavender Lane at 519-804-3332 to register 😊

Dive into the depths of your mind-body connection! Join Natasha for a fun, uplifting and inspiring group series every Thursday evening in August, from 7-8 pm.

Enjoy bite-sized lessons that unpack the intricacies of the mind-body system and how it may be influencing your choices and outcomes. We will explore: Authenticity vs. Attachment; Hierarchy of Needs; Other People's Opinions; Changing our Story; and Self-sabotage.
Then, immerse yourself in a guided group journaling session to deepen your understanding of the concepts explored.

Engage in real talk discussions designed to integrate your learning and reflect on your personal experiences, insights, and intentions in a supportive and nurturing environment. This is a rare opportunity to practise showing up authentically knowing that you will be received with acceptance and compassion.

Invest in your emotional self-care and join us on this journey of self-discovery, authentic relating and mind-body health transformation.

Reserve your spot today and embark on a path towards multidimensional health and wellness!

**Authentic Alliance for Women: Mind-body Thursdays**

Date and Time: Thursday, August 29 7:00 pm - 8:00 pm

Address: 215 Toman Drive Waterloo, Ontario N2K 4H1

*What are you up to on Thursday evenings in August?*

Check out this in-person opportunity to join a supportive women's group in Waterloo focused on mind-body health.

**Authentic Alliance for Women: Mind-body Thursdays**

Cost: $15 per session

Call [Lavender Lane](tel:519-804-3332) at 519-804-3332 to register 😊

Dive into the depths of your mind-body connection! Join Natasha for a fun, uplifting and inspiring group series every Thursday evening in August, from 7-8 pm.

Enjoy bite-sized lessons that unpack the intricacies of the mind-body system and how it may be influencing your choices and outcomes. We will explore: Authenticity vs. Attachment; Hierarchy of Needs; Other People's Opinions; Changing our Story; and Self-sabotage

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Invest in your emotional self-care and join us on this journey of self-discovery, authentic relating and mind-body health transformation for women.

Reserve your spot today and embark on a path towards multidimensional health and wellness!

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**Friday, August 30, 2024**

**Royal City Soccer Club - Day Camps**
The Royal City Soccer Club, a registered non-profit community organization, is proud to host their 32nd annual grassroots summer day camps. The program is designed to promote personal development, team building and of course, FUN! Uniquely designed to offer a more soccer focused morning with a leisure swim with other organized activities in the afternoon. The program operates during all weeks in July and August for children aged 5 to 13. For more information or to register, visit royalsoccer.com or call 1-800-427-0536.

**Waterloo From Above: 200 Years of Change**

Date and Time: Friday, August 30 10:00 am - 4:00 pm
Address: 550 King Street North

The Town of Waterloo was a mere 12 square kilometers in 1876. Today, the City of Waterloo covers 64 square kilometers, with the initial boundaries no longer visible. Striking changes to the landscape tell the tale of our growing city over time. The City of Waterloo Museum invites you to take a bird’s eye view flight through the decades in our new exhibition “Waterloo from Above: 200 Years of Change”.

Historic maps, aerial images and photographs have recorded Waterloo’s remarkable transformation throughout the decades, from early indigenous communities to our present-day vibrant neighbourhoods. Follow how farmland turned into houses, and manufacturing hubs transformed into globally recognized think-tank and start-up cores. Discover the story of Black freedom seeker, Levi Carroll and his family who lived in a building that has been located in both Waterloo and Berlin (Kitchener), but served two very different purposes.

Check out fun LEGO creations of some of Waterloo’s recognizable heritage and iconic buildings built by members of our community. Visitors will be able to cast a ballot for the people’s choice award, with a prize awarded for the top model. Uncover the story of Waterloo’s first airport and the role it played in capturing some of Waterloo’s earliest aerial images and video footage. “Waterloo from Above: 200 Years of Change” tells the story in pictures how our human impact and urbanization has changed the city. Do not miss your chance to explore Waterloo in a different way – from above!

**Art Market**

Date and Time: Friday, August 30 5:00 pm - 9:00 pm
Address: Waterloo Public Square (75 King St S.)

Art Market features artists, crafters, and makers from Waterloo and surrounding area selling outside at Waterloo Public Square.

The market runs 5 p.m. to 9 p.m. with live music from 7 to 9 p.m.

- May 31 (AND Waterloo Public Square Celebration with special guests speaking at 6:30 p.m.)
- July 26
Additional Art Markets will be held at Open Streets on June 15 and the July 1st Community Picnic. For upcoming event announcements, follow Create Waterloo on social media.

James Lennon Presents The Redme Heddub One Man Bands Music Show

Date and Time: Friday, August 30 7:30 pm - 11:55 pm
Address: 59 KING ST. NORTH WATERLOO, ONTARIO THE JAZZ ROOM

LONDON WATERLOO, MISSISSAUGA, ONTARIO CANADA (JUNE 20, 2024) – JAMES LENNON is very very excited to introduce the RedmeHeddub.com One Man Bands and Lennon Records Top 10 Music Showcase. The Redme Heddub One Man Bands music showcase is now rescheduled to August 29, 2024, in London Ontario Canada. The showcase starts at 7:30 p.m. and ends at 10:59 pm at the Double Tree by Hilton Hotel at 300 King St. London Ontario, Canada. The tickets will go on sale on June 29, 2024, at 11:30 am. The Redme Heddub One-Man Bands and the top ten music showcase will also be rocking you steady in The Jazz Room on August 30th, & 31st, 2024, to which is located at 59 King St. North Waterloo Ontario, Canada. The tickets will only be available online at the RedmeHeddub.com website ticketing page. The early bird tickets are priced at only $25.00, they are available now until July 30th, 2024. The deadline for singers has been extended to July 30th, 2024, and ends at 11:59 p.m. All singers are welcome to sign up now by emailing one song MP3 and any video link file including a 50-word bio to lennonrecords@gmail.com. The selected singers' reviews will take place on October 26, 2024, in Mississauga, Ontario at the Sandman Hotel (5400 Dixie Rd.) in the Simcoe Room from 7:30 p.m. to 11 p.m. The tickets will go on sale on July 30, 2024, at 11:30 am. The tickets will only be available online at the RedmeHeddub.com website ticketing page. The early bird tickets are priced at only $25.00, they are available now until July 30th, 2024. The deadline for singers has been extended to July 30th, 2024, and ends at 11:59 p.m. The selected singers will be notified and need to have their own mic including a sign-up fee of $20.00 online at the RedmeHeddub.com early bird ticketing page. The best three of the 12 singers will be selected online and will be able to perform in New York City. The two best singers will receive (30) hours of studio vocal recording time and will be awarded $1,000 each. Redme Heddub is famous for his passion, performing his musical blend: a unique brand of top 10 instrumental melodies of all time in R&B, Reggae, Pop, and C&W styles of the '50s through '90s plus today's music. Redme will release his latest remixed singles in the USA and the UK. Titles include “Universal Hollywood,” “Wonderful to See You”, “Get Rich Quick” and “Cross Life”, taken from the upcoming Back Riders CD album due in 2026. Fans will be excited to know these singles will also be out in April 2025, and March 25, 2026. Redme has released “Last Night”, “My Dana” and “We’re All Alone”, which charted at #14. “My Dana” charted #18 in the Top 50 Indie Urban/Hip Hop/Latin Chart on March 16, 2011, and the original song “Last Night” reached No. 9 on October 1, 2013. A talented music producer, instrumentalist, and singer-songwriter, Redme has produced more than 100 songs and created a solid reputation in the recording and publishing circles of the music industry.

Saturday, August 31, 2024

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